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# Outbound Exchange Students

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*SINCE 1477*



*SEDAN 1477*





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# Unit (team) for International Mobility

5 International Officers

2 Administrators

Outbound exchange students per year: Approx: 450-500

Inbound exchange students per year: Approx 500

Approx. 150 University wide agreements in 35 countries



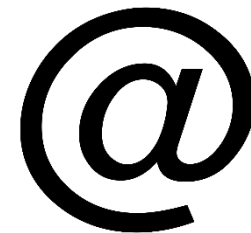




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# Our tools

- The database MoveOn (applications, exchange reports, agreements, documents)
- Website: <http://www.uu.se/en/students/study-abroad/>
- E-mail: [mobility@uu.se](mailto:mobility@uu.se)
- Drop-in hours twice a week via Zoom
- Presentations
- Campus tours
- Study Abroad Ambassadors
- Former exchange students
- Social media





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# What is needed at home university

- Student exchange agreements
- Mobility windows in the different programs
- Possibility to transfer the credits
- Willingness of sending out and receiving students



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# Process for outbound student mobility

## Before the exchange

- Spread information about exchange studies
- Application to home university for an exchange place abroad
- Application to host university (with help from coordinator at home)
- Pre-departing meeting

## During the exchange

- Help out if emergency situations occurs, course changes, mid-term checks etc

## After the exchange

- Send out a "Welcome home" email /Exchange reports
- Follow ups if needed
- Guidance of writing CV:s etc. (Study- and Career Services)



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# Different options

- Departments and subject specific departmental agreements
- Faculties and faculty agreements
- The Division for Internationalisation and university wide agreements





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# Application rounds

## **15 October - 15 November**

(for studies commencing the next autumn).

Focus: Asia, Europe, Middle East, North America,  
Some additional places to other regions as well

## **15 April – 15 May**

(for studies commencing the next spring).

Focus: Africa, Oceania, Latin Amerika  
Some additional places to other regions as well

### Reasons for two application rounds:

- Early deadlines to some partner universities
- Start of the academic year
- Possibility to handle left over places

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2



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# Eligible to apply

- Must have the intention to take the degree at Uppsala University.
- Must have 30 registered higher education credits at Uppsala University at the time of application. (Being an active full time student!)
- Have attained at least 30 higher education credits at Uppsala University one semester before departure.
- Have attained at least 60 registered higher education credits at Uppsala University by the time of departure.
- Study results are checked in February, June and September. If these requirements are not met, the exchange study offer may be withdrawn





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# The online application in Moveon

- **Certificate of registration** showing the current enrolments
- **Transcript of records** from Uppsala University + from any other Swedish university.
- **Language test scores** (if applicable)
- **Certificates** showing your participation in welcoming arrangements for new students (Buddy/fadder/mentor) + University wide councils and committees and advisory committees or special posts at a student nation



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# ...The online application in Moveon

- **Course proposals** for 1-6 universities
- **Academic Purpose Statement**
- **Top grades**





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# Exemples on valid student representation posts

- University Board (5 student representatives)
- Disciplinary Board (4 student representatives)
- Board for Investigation of Misconduct in Research (2 student representatives)
- Advisory Board for Internationalisation (3 student representatives)
- Reference Group for Student Health Centre (5 student representatives)
- Equality Representative
- Alumni Coordinator
- Archivists Committee



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# The Selection Process

- Academic Purpose Statement – 50%
- Top grades – 50%  
(1-4 points on each)
- Student participation in welcoming arrangements: + 0,1
- Student participation in University wide councils/ committees/ advisory committees and Student Nations: +0,2
- Underrepresented study area in the current round: +0,1
- Previous exchange from Uppsala university: -0,1
- Further Selection methods: Interviews and Lottery

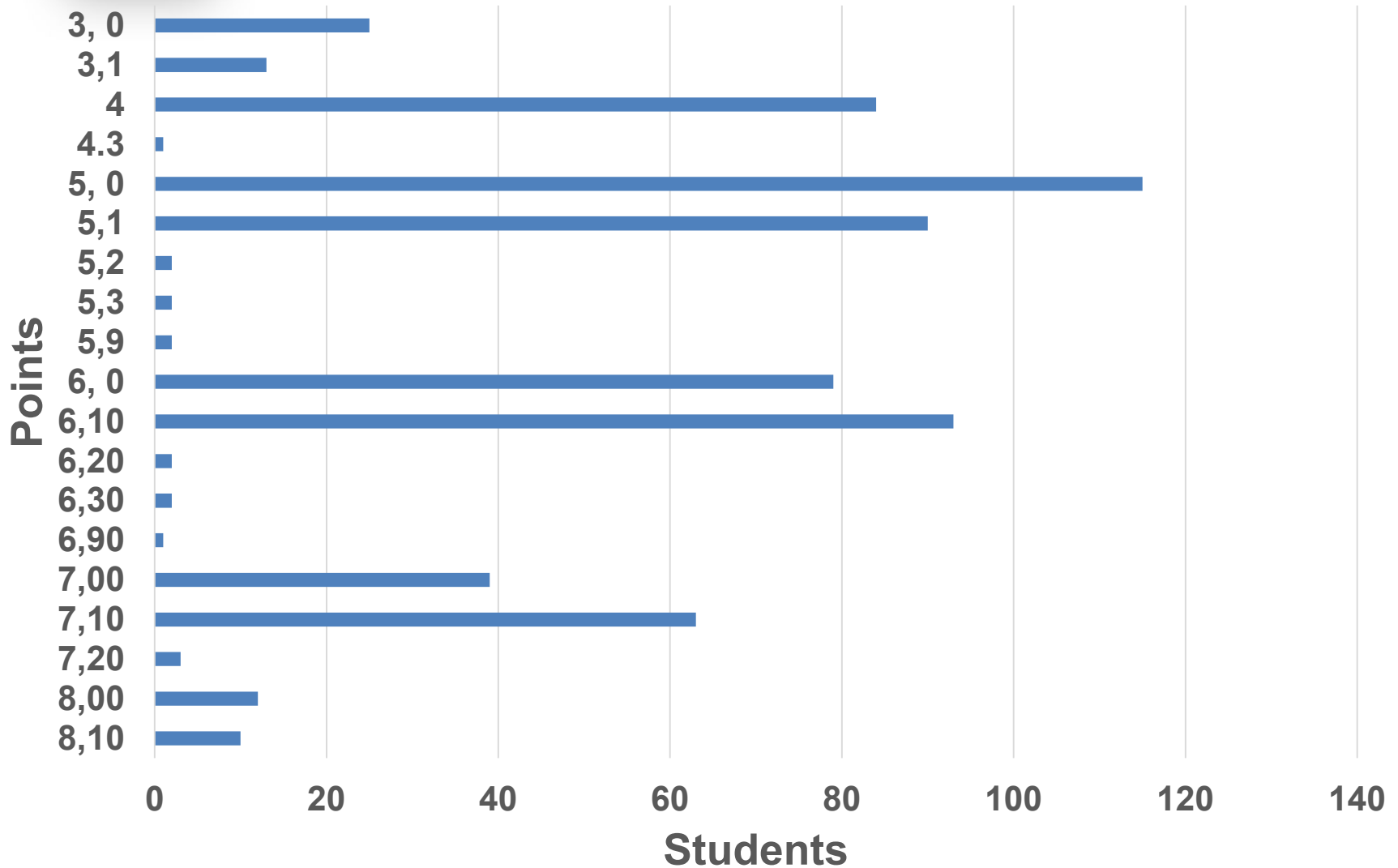
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# Total points achieved





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# The Selection Process

1. First selection round
2. Second selection round - **Reserve places**
3. Third selection round - **Still available places**

Once you've got an offer... be happy





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# Academic Purpose Statement (APS)

- Written in the language of instruction you intend to conduct your studies. One (1) APS per language
- Max 600 words
- The score on your APS is based on how well you justify and discuss:
  - ... "how your choice of countries, universities and courses will affect your development of academic and personal skills relevant to your education and future career".



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# Why write an Academic Purpose Statement?

- Academic cooperation between universities where you are recruited as an exchange student. We need to know what you intend to study and why.
- It's the starting point for you in an important process, where you may reflect over and concretize your plans, goals and expected outcomes of your exchange studies. **Starting point of your international experience. You will learn from it.**
- To give students with less top grades a better chance.
- Request from several partner universities.

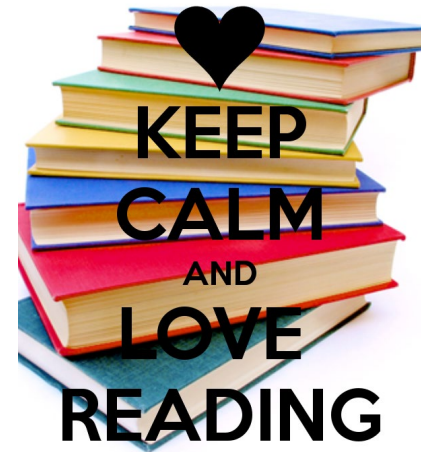




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# How we process the APS

- The International Officers in the Mobility team reads and evaluates all Academic Purpose Statements in Moveon
- Re-readings if necessary as equal assessment is important
- Language expertise within the university
- Feedback





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# APS Evaluation

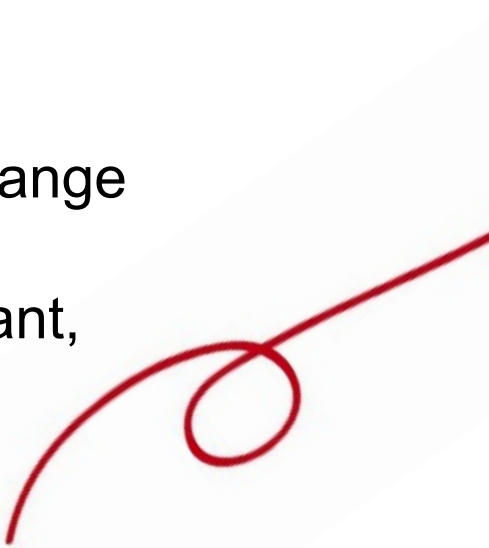
The points are distributed as follows:

0 points	Submitted, but not approved, due to poor quality, e.g. written in wrong language
1 points	Very weak academic and professional justification
2 point	Weak or meagre academic and professional justification
3 points	Strong academic and professional justification
4 points	Exceptionally strong academic and professional justification



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# What to focus on...

- The first hand choice/ the main thread/ the common theme in all your choices
  - Academic connection (not vacation/job/staying with relatives)
  - Professional connection
  - Expected outcomes of your exchange
  - Explain why something is important, not just that it's important
  - Highlight some of your courses
- 
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# Soft skills

*~ Personal skills that are also applicable in our profession life ~*

- The ability to face set-backs
- "To act autonomously even without clear instructions
- To make constructive decisions in situations of strong emotion
- To combine critical thinking with simultaneously being open to other peoples' feelings
- To establish one's credibility in a new group
- Take responsibility for one's health and work situation





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# What happens after the selection?

- We nominate the students to the host universities.
- We send the students:
  - Information on practical matters: (how to apply, application workshops, deadlines etc)
  - Information about grants/scholarships
  - Certificate of Insurance
  - E-mail addresses to other students who approved of sharing them.
- Pre-departure meeting in November/December and in May.



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# Pre-departure meeting

The format has been changing over the years...

This Corona year: Via Zoom, starting with one session for all outgoing students, general topics:

Insurance & If an emergency occurs

Swedish Foreign Ministry's recommendations and travel bans

CSN

Ladok

Exchange reports

What do do before/during/after the exchange & Checklists

Soft skills

Transfer of credits

Afterwards: Special zoom meetings for certain regions or universities where special topics can be discussed: Erasmus documentation, grants etc.

Good opportunity to invite guests eg from an Embassy and incoming exchange students so they can meet and exchange experiences!



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# Uppsala – Unit for International Mobility

## Goals:

- Transparent selection process
- Quality assurance
- Increase the student mobility

## Challenges:

- Increase the student mobility
- Internationalisation at home
- Agreement reviews
- Quality assurance





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Thank you for your attention!





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Time for questions...